

June 2025

Santa Barbara Martineztown Multigenerational Center



505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors

Welcome to Santa Barbara Martineztown!

Message from Dir. Sanchez:
Hello Summer!

As we welcome the start of summer, I'm filled with excitement for the months ahead and all that they hold for our community. This season is a time of renewal and opportunity, and here at the Department of Senior Affairs, we're embracing it with enthusiasm and forward-thinking as we continue to evolve to meet the growing demand for services.

First, we're kicking off a new campaign for the Department, entitled "Engage", to reflect all of our core initiatives committed to community, wellness, and advocacy for our city's older adults. Through "Engage," we aim to highlight the importance of staying active and involved in every stage of life. You'll start to see this messaging across our centers, programs, and events, and we invite you share this movement with the greater community.

Speaking of events, this month kicks off some new Engage offerings, such as Self-Check Health Days at our centers, providing easy access to tools that will help you Engage with Wellness. Then, on June 11th, we invite you to Engage with Community at the 1-Year Anniversary Celebration of the Santa Barbara Martineztown Multigenerational Center, a milestone we're proud to share with all of our DSA family. And don't miss the Pride Masquerade Ball at Highland Senior Center on June 26th, a day of joy, inclusion, and connection.

Our new fiscal year begins July 1st, and as a department, we are continuing to take a deep-dive on our budget, to continue our essential services and also evolve for the changing and growing constituency we serve. You may notice our efforts to ensure operational consistency across our centers, all in an effort to continue to manage costs, while focused on serving you with dignity and care. I encourage each of you to continue supporting the Department of Senior Affairs, reaching out to your elected officials and raising our collective voice for our older adults! Together, we can keep strengthening the programs and services that matter most.

Finally, thank you to all those who filled out our recent annual survey - we had more than 800 participants provide feedback. The raffle winners from the survey participants attend Highland Senior Center, Manzano Mesa Multigenerational Center, North Domingo Baca Multigenerational Center, and one recipient receives our Home Delivered Meals. With your input and support, you will help us advance our services to meet the needs of the community in the coming year and I am grateful!

Sincerely,
Anna M. Sanchez, Director



Shout-Out and Thank You in Advance!

We'd like to give a big thank you in advance to Roma Bakery for providing delicious assorted pastries for our event, and to The Piklr, Presbyterian, and Oak Street Health for generously donating raffle prizes!

We also truly appreciate the upcoming participation of the Albuquerque Police Department for taking the time to engage with our community, and Albuquerque Fire Rescue for bringing the firetruck for everyone to enjoy - we know the participants are going to love it!



Center Hours

Monday-Friday:
8:00 AM-5:00 PM

Saturday and Sunday:
Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Matthew Montoya
Program Coordinator

Isaiah Poole,
Carl Sleeper
General Service Worker

Part-Time Staff

Aaliyah, Albert, Amiah,
Brandon, Celine, Josiah,
Sebastian, Lucero,
Cindy, Donald and
Ivevienna

Foster Grandparents

Bridget, Joe, Nancy,
Sylvia

IMPORTANT

CLOSURES

Training Week
June 2nd-June 9th

Memorial Day
Thursday, June 19th



Accredited by National Institute of Senior Centers

Our Mission: We are committed to providing resources with care and compassion that help our community thrive while embracing aging.

ONE ALBUQUQUE

Monday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga-Gentle
 Movie
 Dance(4th Monday)

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 1:30 PM-3:30 PM
 1:30 PM-3:00 PM



Weekly Activity

Thursday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga-All Level
 Movie
 Crochet Group
 Pickleball

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 8:30 AM-9:30 AM
 9:00 AM-11:00 AM
 10:00 AM-11:30 AM
 1:30 PM-3:00 PM



Tuesday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Tech Help Tuesday
 Yoga-All Level
 Line Dancing
 Zumba-Low Impact

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 8:00 AM-4:45 PM
 8:30 AM-9:30 AM
 1:00 PM-2:00 PM
 3:45 PM-4:45 PM



ZUMBA
 FITNESS

Friday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga
 Karaoke
 Card Game Time
 Zumba-Low Impact

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:45 AM-10:45 AM
 11:00 AM-12:30 PM
 1:30 PM-3:00 PM
 3:45 PM-4:45 PM



ZUMBA
 FITNESS

Wednesday

TV Viewing
 Friendship Coffee
 Computer Lab
 Flea Market
 Paint and Sip
 Flea Market Sign up
 (Last Wednesday)
 Puzzle Table
 Walk in the Park
 YouTube Foodies
 Birthday Celebration!
 (3rd Wednesday)
 Corn Hole
 Inclusive Bingo

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-12:00 PM
 10:00 AM-12:00 PM
 10:15 AM-11:00 AM
 8:00 AM-4:45 PM
 8:30 AM-9:00 AM
 9:00 AM-10:00 AM
 1:00 PM-1:30 PM
 1:30 PM-2:30 PM
 2:00 PM-3:00 PM



Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.

ONE ALBUQUE RQUE senior offices
 SANTA BARBARA MARTINEZTOWN
 MULTIGENERATIONAL CENTER PRESENTS:

Centenarian Birthday Celebration
 April 10th, 2025

COME JOIN US FOR A CELEBRATION
 WITH A LIVE BAND AND COME
 DANCE WITH US TO CELEBRATE A
 CENTURY OF BEING ALIVE!

RSVP WITH THE
 FRONT DESK AT
 505-767-5671

ENTRY: FREE
 START AT
 1:30 PM-3:00 PM



SANTA BARBARA
 MARTINEZTOWN
 MULTIGENERATIONAL CENTER
 1825 EDITH BLVD NE 87102
 505-767-5671



BOARDS & COMMISSIONS NEEDS YOU

JOIN ONE OF OUR 50 BOARDS & COMMISSIONS

Shape the future of our city! No matter your subject matter expertise, there's a board or commission that needs you.

CABQ.GOV/BOARDS

APPLY TODAY

ONE ALBUQUE RQUE city clerk



DANCE WITH PRIDE

THURSDAY JUNE 26TH
 2:00PM-4:00PM
 Highland Senior Center

LIVE MUSIC / PHOTO BOOTH / TABLING

Celebrate LGBTQ Pride Month- All Are Welcome.



Inclusive Beats:

Dance, Smile, Belong

June 23rd, 2025
1:30 PM-3:00 PM
Aloha Luau



July 28th, 2025
1:30 PM-3:00 PM
Red, White and Blue



Santa Barbara Martineztown Multigenerational Flea Markets

Come join us for flea markets every Wednesday!
All ages!
Come find some knick knacks to take home!



Lottery is the last Wednesday of the month 10:15 AM when drawing occurs for the following Months.

Lottery Drawing
Wednesday, May 28th
10:15 AM

\$2 per table
8:00 AM- 12:00 PM

Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

Tuesdays and Fridays
3:45 PM-4:45 PM



Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing class open for All ages who loves to line dance or wants to learn line dancing!

GEHM Clinic
Thursday, June 12th
8:30 AM - 12:00 PM



Come participate in this clinic that helps to identify how your body is doing!



Birthday Cake Celebration

Join us to celebrate birthdays of the month for our Birthday Cake Celebration, Sponsored by Oak Street Health.



Birthday Celebration
Wednesday, June 18th
1:30 PM

Birthday Celebration
Wednesday, July 16th
1:30 PM



Trip to Santa Fe to Visit Loved Ones via the Rail Runner Provided By New Mexico Rail Runner

We're also excited to announce a new partnership with New Mexico Rail Runner! This program will provide trips for seniors to visit their loved ones. Sign up today at the front desk to take advantage of this opportunity!



Wednesday, June 11th
Leave Center:8:30 AM
Depart:9:00 AM
Arrive at Center:4:30 PM
*Sign up at front desk



Yoga (Beginning)

Gentle Yoga
Instructor: Toby
Mondays
9:00 AM - 10:00 AM
Fridays
9:45 AM - 10:45 AM



All Level Yoga
Instructor: Amy
Tuesdays
8:30 AM-9:30 AM
Thursday
8:30 AM-9:30 AM



Karaoke

Fridays
12:00 AM-2:00 PM

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!

Pickleball

Join us for some exciting games of Pickleball with one court indoors!

Thursdays
1:30 PM-3:00 PM



Attention- Movies subject to change

Movies

Mondays Thursdays

Action
 Monday, June 9th
 1:30 PM -3:30 PM



Drama
 Thursday, June 12th
 9:00 AM -11:00 AM



Comedy
 Monday, June 16th
 1:30 PM -3:30 PM



Action
 Thursday, June 19th
 9:00 AM -11:00 AM



Drama
 Monday, June 23rd
 1:30 PM -3:30 PM



Romance
 Thursday, June 26th
 9:00 AM -11:00 AM



Romance
 Monday, June 30th
 1:30 PM -3:30 PM



Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather we can walk inside the building.



Wednesdays
 8:30 AM-9:00 AM

Puzzle Table

Monday-Friday
 8:00 AM-4:45 PM



That Darn Yarn: Crochet Group



Thursdays
 10:00 AM-11:30 AM

ONE ALBUQUE RQUE

Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Join us for skill building on all your technology from laptop to cell phones!

Thursday, June 12th
 10:00 AM-12:00 PM



YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

Wednesday
 9:00 AM-10:00 AM



Card Game Time
 Fridays 1:30 PM-3:00 PM

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!

Wednesdays
 10:00 AM-12:00 PM



DSA Advisory Council

June 16th

12:00 PM-1:30 PM

Los Volcanes Senior Center
 6500 Los Volcanes NW, 87121

ONE ALBUQUE RQUE

Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

Monday-Friday
 8:00 AM-2:00 PM



As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



IMPORTANT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
BBQ Chicken Sandwich 3oz Sweet Potato Mash 4oz Spinach/Onions 4oz Apple Slices 4oz 1% Milk 8oz	Greek Pasta Salad w/ Diced Ham 4oz Cucumber Salad 4oz Dinner Roll 1ea Margarine 1pc Oranges 4oz 1% Milk 8oz	Pork Tamale 3oz Red Chili 1oz Spanish Rice 4oz Pinto Beans 4oz Jell-O 4oz 1% Milk 8oz	Mushroom Swiss Veggie Burger 4oz Diced Potatoes 4oz Stewed Tomatoes 4oz Diced Peaches 4oz 1% Milk 8oz	Beef Steak 3oz Grilled Onions 1oz Mash Potatoes 4oz Green Beans 4oz Pudding 4oz 1% Milk 8oz
9	10	11	12	13
Baked Ham 3oz Pineapple Sauce 1oz Rice Pilaf 4oz Sliced Carrots 4oz Yogurt 4oz 1% Milk 8oz	Egg Salad Sandwich 4oz Potato Salad 4oz Coleslaw 4oz Oranges 4oz 1% Milk 8oz	Salisbury Steak 3oz Gravy 1oz Mashed Potatoes 4oz Green Beans 4oz Mixed Berries 4oz 1% Milk 8oz	Rotini Pasta 4oz Parmesan Cheese 1oz Spinach/Onions 4oz Corn 4oz Jell-O 4oz 1% Milk 8oz	Teriyaki Pork 4oz Brown Rice 4oz Stir Fry Veggies 4oz Watermelon 4oz 1% Milk 8oz
16	17	18	CLOSED 19	20
Meatloaf 4oz Tomato Sauce 1oz Green Beans 4oz Cauliflower 4oz Apple Slices 4oz 1% Milk 8oz	Baked Chicken Thigh 3oz Spinach/Peppers 4oz Brown Rice 4oz Yogurt 4oz 1% Milk 8oz	Cheese Macaroni 3oz Broccoli/ Ham 2oz Normandy Mix 4oz Brussel Sprouts 4oz Honeydew 4oz 1% Milk 8oz		
23	24	25	26	27
Red Chile Beef Enchiladas 4oz Pinto Beans 4oz Spanish Rice 4oz Yogurt 4oz 1% Milk 8oz	Chicken Salad 4oz <i>*May Contain Nuts</i> Coleslaw 4oz Dinner Roll 1ea Margarine 1pc Mixed Berries 4oz 1% Milk 8oz	Baked Pollok 3oz Roasted Peppers 4oz Steamed Broccoli 4oz Dinner Roll 1ea Margarine 1pc Chocolate Pudding 4oz 1% Milk 8oz	Cheese Omelet 3oz Red Chili/Peppers 3oz Diced Potatoes 4oz Stewed Tomatoes 4oz Applesauce 4oz 1% Milk 8oz	Carne Adovada 4oz Calabacitas 4oz Green Beans 4oz Flour Tortilla 2ea Jell-O 4oz 1% Milk 8oz

Dine in hot lunch is served 11:30 AM - 1:00 PM Monday - Friday.

Please call **505-767-5671** to make your reservation by 12:00P.M. the day prior.

If you have made a reservation please call and inform so we can give the meal to another participant.

If you forgot to make a reservation we will be able to give out cancellation meals at 12:30 p.m.

Thanks in advance!

COST BY AGE-
50-55
\$7.67
55-59
\$3.25
60 AND UP
\$2
(DONATION)

Notice

All FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

FIELD TRIPS AND IMPORTANT DATES

YOUTH CORNER

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	Parent Orientation 6:00pm-7:00pm 	4	5
6	9	10	11	12
13	16	17	18	19
20	23	24	25	26
27	30			

JUNE 2025

- June 9th -First day of Program-\$30 Fee Due
- June 10th -Swimming- \$1.50-Team A
- June 11th -Anniversary of SBMT being open-Free
- June 12th -Swimming-\$1.50-Team B
- June 13th -Dions-\$7-13 Spots
- June 17th -Kickball Tournament-Free
- June 19th -Center Closed-Juneteenth
- June 20th -Albuquerque Museum-Free-13 Spots
- June 23rd -Inclusive Luau-Free
- June 24th -Swimming-\$1.50-Team A
- June 26th -Swimming-\$1.50-Team B
- June 27th -Rock climbing Wall-Free-All

JULY 2025

- July 1st -Program Fee Due-\$30 Fee Due
- July 1st -Swimming-\$1.50-Team A
- July 3rd -Swimming- \$1.50-Team B
- July 3rd -Family Water day/BBQ- Free
- July 4th -Center Closed- 4th of July
- July 8th -Swimming-\$1.50-Team A
- July 10th -Swimming-\$1.50-Team B
- July 11th -Ninja Force-\$12-Team B
- July 22nd -Swimming-\$1.50-Team A
- July 24th -Swimming-\$1.50-Team B
- July 25th -Talent Show-Free
- July 28th -Inclusive Red,White and Blue Dance-Free
- July 29th -Swimming-\$1.50-Team A
- July 31st -Swimming-\$1.50-Team B
- June 27th -Rock climbing Wall-Free-All

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	1

Program Dates & Times

- June 9th - August 1st
- **Monday-Friday, 7:30 AM - 5:30 PM**
- Participant Drop-Off and Pick-Up Policy
 - All individuals coming to drop off or pick up participants must:
 - Be 18 years of age or older
 - Present a valid Driver's License

Location

- Santa Barbara Martineztown Multigenerational Center
- 1825 Edith Blvd NE 87102

Cost

- \$30 a month per Participant
- Due the first week of program each month

What's Included

- Lunch/snacks will be provided

Propper attire

- Closed-toe shoes
- Athletic Wear

Contact Info

- (505)767-5671
- Matthew Montoya
- Program Coordinator



Parent Orientation

6:00pm-7:00pm

Wednesday, June 4th

Santa Barbara Martineztown
Multigenerational Center
1825 Edith Blvd NE 87102



Come get to know the center and meet our staff!

We will be going over the handbook and discussing the expectations for the center, including those for staff, parents, and participants.

We look forward to seeing you there!

Rotation Schedule

- 7:30AM-8:30AM-COMPUTER LAB
- 8:30AM-9:00AM-BREAKFAST
- 9:00AM-9:15AM-AM RECESS
- 9:15AM-9:30AM-ANNOUNCMENTS
- 9:30AM-10:10AM-ROTATION 1 AM
- 10:10AM-10:50AM-ROTATION 2 AM
- 10:50AM-11:30AM-ROTATION 3 AM
- 11:30AM-12:00PM-LUNCH
- 12:00PM-12:45PM-MID RECESS
- 12:45PM-1:30PM-ROTATION 1 MID
- 1:30PM-2:15PM-ROTATION 2 MID
- 2:15PM-3:00PM-ROTATION 3 MID
- 3:00PM-3:30PM-SNACK
- 3:30PM-4:00PM-ROTATION 1 PM
- 4:10PM-4:50PM-ROTATION 2 PM
- 4:50PM-5:30PM-BOARD GAMES

